

STUDIO CLOUD NINE														
TIME	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY	
11:00							Aerial Sling All Levels (11:00 - 12:00)				Aerial Yoga (12:00 - 1:00)			
11:30														
12:00														
12:30							Strength Training Light (12:30 - 1:30)							
13:00														
13:30														
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18:00	Silks - Level 1 (6:00 – 7:00)			Strength Training (6:00 - 7:00)			Lyra – Level 1 (6:00 – 7:00)			Strength Training (6:00 – 7:00)			Lyra – Level 2 (6:00 – 7:00)	
18:30														
19:00														
19:30	Silks - Level 2 (7:30 – 8:30)			Strength Training (7:30 - 8:30)			Lyra – Level 2 (7:30 – 8:30)			Strength Training (7:30 – 8:30)			Silks – Level 2 (7:30 – 8:30)	
20:00														
20:30														